

Finish Time	Finish Position	Race #	Name	Surname	Gender	Club
00:29:22	1	58	Tomos	Nesham	Male	Pencoed
00:30:48	2	85	David	Murray	Male	Pencoed
00:30:58	3	91	Luc	Bartlett	Male	Celtic Tri
00:31:13	4	83	Amelia/Jake	Edmonds/Brooke-Smith	Relay	Taff Ely/Abedare AC
00:31:27	5	79	Matthew	Grantham	Male	Lliswerry runners
00:31:32	6	70	Lewis	Bevan	Male	Taff Ely
00:32:04	7	110	Issy	Morris	Female	Unattached
00:32:28	8	90	Ben	Bartlett	Male	Celtic Tri
00:32:38	9	23	Keenan	Napper	Male	Rhondda junior tri
00:34:08	10	80	Gareth	Harries	Male	Celtic Tri
00:34:18	11	34	Adam	Wardle	Male	Cardiff Triathlon Club
00:34:24	12	11	steven	bridges	Male	Taff Ely Triathlon
00:34:32	13	39	Greg	Brown	Male	
00:34:51	14	76	Paul	Evans	Male	Cardiff Tri
00:34:53	15	27	Brian	Phillips	Male	N.E.W.T
00:35:05	16	65	Elaine	Ferguson	Female	Cardiff Tri
00:35:16	17	57	Richard	Elgar	Male	N.E.W.T
00:35:23	18	17	Ian	Liddiatt	Male	Cardiff Triathlon Club
00:35:26	19	78	Awen	Lewis	Female	Celtic Tri
00:35:28	20	38	Michael	Battersby	Male	Cardiff Triathlon Club
00:35:44	21	50	Darren	Bishop	Male	Pontypridd roadents
00:35:46	22	13	chris	fairclough	Male	
00:36:33	23	30	David	Mort	Male	Cardiff Triathlon Club
00:36:38	24	6	Robert	Davies	Male	Cardiff Triathletes
00:36:50	25	4	Adrian	Gammage	Male	Cadence CR
00:37:05	26	15	Richard	Haddock	Male	Roberttown Road Runners
00:37:12	27	22	Richard	Bowen	Male	CRP
00:37:26	28	8	Lars	Luckoff	Male	
00:37:56	29	29	Desmond	Astley	Male	Taff Ely Triathlon
00:38:15	30	75	Jeremy	Theobald	Male	Cardiff Tri
00:38:37	31	59	Daniel	Bodman	Male	Unattached
00:38:41	32	92	Alex	Sebury	Male	Pontypridd roadents
00:38:47	33	97	Nathan	Williams	Male	Unattached
00:38:53	34	104	Neil	James	Male	N.E.W.T
00:38:54	35	98	Jason	Ingham	Male	Castell Nedd Tri
00:38:59	36	49	Simon	Fairclough	Male	Y Fenni Tri
00:39:05	37	48	Gareth	James	Male	
00:39:12	38	44	Gerwyn	Malpas	Male	Taff Ely Triathlon Club
00:39:29	39	81	David	Richards	Male	Unattached
00:39:16	40	16	Matthew	Brushett	Male	
00:39:20	41	35	Marc	Durkin	Male	Cardiff Triathletes
00:39:23	42	74	Grant	Bryant	Male	Unattached
00:39:24	43	108	Clara	Evans	Female	
00:39:33	44	60	Lee	Sutherland	Male	Unattached
00:39:46	45	51	Russ	White	Male	
00:39:49	46	68	Cain	Thomas	Male	Cardiff Tri
00:40:13	47	36	Matthew	Davies	Male	
00:40:15	48	95	Lucy	Middleton	Female	Unattached
00:40:25	49	5	ross	duffield	Male	
00:40:40	50	73	Geraint	Smith	Male	Celtic Tri
00:40:54	51	40	Martyn	Pennell	Male	Llantrisant Sharks
00:40:55	52	89	Carl	Edwards	Male	Pontypridd roadents
00:41:00	53	109	Gerry	Gormley	Male	Unattached
00:41:45	54	20	marc	williams	Male	
00:41:45	55	63	Alex	Tovey	Male	Castell Nedd Tri
00:42:02	56	67	Andrew	Bolton	Male	Unattached
00:42:04	57	45	Morgan	Williams	Male	
00:42:18	58	33	Rebecca	newton	Female	Cardiff Triathlon Club
00:42:23	59	56	Jason	Millership	Male	N.E.W.T

00:42:34	60	21	Tony	Pownall	Male	
00:42:43	61	26	Alexandra	Thomas	Female	Celtic Tri
00:42:50	62	54	Megan	Clark-Reid	Female	Castell Nedd Tri
00:43:02	63	28	Rebecca	Harris	Female	N.E.W.T
00:43:06	64	3	Angharad	Pocock	Female	Cardiff Tri
00:43:08	65	99	Noel	Harris	Male	N.E.W.T
00:43:12	66	64	Gemma	Harris	Female	Castell Nedd Tri
00:43:24	67	12	Cathryn	Jenkins	Female	Celtic Tri
00:43:31	68	43	Stuart	Davies	Male	South Wales Police Tri club
00:43:32	69	41	DAVID	RYAN	Male	Llantrisant sharks
00:43:35	70	72	Darren	Creed	Male	Severn Valley Tri
00:43:51	71	62	Sian/Andrew	Hollins/Hollins	Relay	Unattached
00:43:57	72	88	Steven	Davies	Male	Unattached
00:44:00	73	25	Stephen	Robins	Male	
00:44:13	74	103	Elaine/Yvonne	Rees/Williams	Relay	Outdoor Fitness Ltd
00:44:23	75	52	Jolene	Podmore	Female	N.E.W.T
00:44:30	76	55	Michael	Locke	Male	
00:44:40	77	69	Neil/Jules	Wheeler/Jones	Female	Castell Nedd Tri
00:44:58	78	107	Steven/Julia	Perry/Perry	Male	Castell Nedd Tri
00:45:15	79	37	Geraint	Williams	Male	Y-Fenni Tri
00:45:23	80	31	David	Charles	Male	
00:45:49	81	105	Jason	Brewer	Male	Unattached
00:45:56	82	93	Christine	Mant	Female	Taff Elf Tri
00:46:16	83	71	Linda	Spillane	Female	N.E.W.T
00:46:39	84	42	Jennifer	Evans	Female	
00:46:50	85	111	Fiona	Davies	Female	Rhondda Tri
00:46:54	86	81	Hugh	Pinnel		
00:46:58	87	46	Sara	El-khatib	Female	Cardiff Triathlon Club
00:47:45	88	47	Dafyd	King	Male	
00:48:18	89	106	Andrew	Underhill	Male	Unattached
00:49:20	90	18	Claire	Morgan	Female	Severn Vally Tri
00:49:30	91	87	Elizabeth	Bird	Female	Unattached
00:51:13	92	58	Yvonne	Forsey	Female	N.E.W.T
00:51:59	93	32	Chris	Gentle	Male	Lliswerry Runners
00:52:29	94	61	Ian	Jakeman	Male	Unattached
00:52:58	95	66	Hazel	Wheeler	Female	Unattached
	DNF	14	Dean	Phipps	Male	
	DNF	53	Antony	Layzell	Male	Celtic Tri
	DNF	82	Rosalind/Melissa	Edmonds/Edmonds	Relay	Taff Ely
	DNTU	1	Andrew	Deans	Male	Cardiff Tri
	DNTU	2	Philip	Thomas	Male	Rhondda
	DNTU	7	rebecca	john	Female	
	DNTU	9	Cath	Pendleton	Female	Brecon Triathlon Club
	DNTU	10	Gareth	Jehu	Male	Taff Ely Triathlon Club
	DNTU	19	Chris	davies	Male	Celtictri
	DNTU	24	KEVIN	JONES	Male	
	Swim Only	77	Ross	O'Sullivan	Male	N.E.W.T
	Swim Only	84	Neil	Brooke-Smith	Male	Taff Ely
	Swim Only	86	Haydn	Osmond	Male	Unattached
	Swim Only	94	Stuart	Edgar	Male	Cardiff
	Swim Only	96	Colin	R Wallace	Male	Unattached
	Swim Only	100	Natalie	Hussey	Female	Taff Ely
	Swim Only	101	Helen	Jones	Female	Taff Ely
	Swim Only	102	Huw	Emlyn Jones	Male	Taff Ely
	Swim Only	112	Julie	Lees	Female	Unattached