

Time	Position	Athlete #	Forename	Surname	Gender	Club
30.49	1	72	Emyr	Thomas	Male	
32.03	2	4	lewys	john	Male	Cardiff Junior Tri Club
32.1	3	91	Marc	Bloomfield	Male	
33.02	4	102	Matthew	Grantham	Male	NEWT
33.1	5	46	Caroline	Jones	Female	
33.15	6	81	Francesco	Larcher	Male	
33.28	7	58	Paul	Jones	Male	
33.33	8	35	Martin	Cole	Male	
34.01	9	103	Richard	Elgar	Male	NEWT
34.2	10	89	Marc	Davies	Male	
35.2	11	109	Rob	Edwards	Male	
35.26	12	67	Scott	Morris	Male	Piranha's Tri Club
35.39	13	16	steven	bridget	Male	
35.58	14	87	Joshua	Mullins	Male	
36.02	15	107	Paul	Jones	Male	
36.1	16	84	Jonathan	Phillips	Male	American Flyers
36.24	17	47	Christian	Vaughan-Morris	Male	
36.27	18	38	Brian	Phillips	Male	N.E.W.T - Newport and East Wales Triathlon
36.3	19	62	Jonathon	Mitchell	Male	NEWT
36.32	20	43	Desmond	Astley	Male	Taff Ely Triathlon Club
36.37	21	57	steven	wilko wilkinson	Male	
36.44	22	96	Philip	Thomas	Male	Rhondda Tri
36.57	23	98	Osian	Griffith	Male	
37.3	24	7	Jake	Brooke-Smith	Male	Pontypridd Roadents
37.32	25	104	Stuart	Edgar	Male	Cardiff Tri
37.34	26	33	Damian	caswell	Male	Piranha's Tri Club
37.5	27	36	Laura	Edwards	Female	
38.01	28	54	Richard	Haddock	Male	Roberttown Roadrunners
38.18	29	44	Stephen	Robins	Male	
38.41	30	50	Mark	Owen	Male	Taff Ely Triathlon Club
39.02	31	34	Marc	Williams	Male	Cr@p tri
39.25	32	25	Adrian	Bennett	Male	
39.38	33	55	Steven	Howell	Male	Triathlon Coaching Wales
39.45	34	17	Huw	Jones	Male	Taff Ely Triathlon Club
39.5	35	100	Gemma/Lesley	Harris/Mainwaring	Relay	Castell Nedd Tri
39.57	36	79	Nathan	Bevan	Male	Rhondda Tri
39.59	37	111	Mark/Lee	Mayers/Kwok	Relay	
40.19	38	93	Steven	Perks	Male	Cnt
40.43	39	18	Tomos	Jones	Male	Taff Ely Triathlon Club
41.06	40	97	Jonathan	Jones	Male	None
41.14	41	94	Andrew	Bolton	Male	CR@P Tri Club
41.26	42	80	Rebecca	Newton	Female	Cardiff Triathlon Club
41.37	43	77	cai	pughshley	Male	port talbot harriers
41.52	44	105	Ellison	Griffiths	Male	NEWT
42.1	45	68	Neil	Morgan	Male	
42.11	46	14	Richard	Belcher	Male	Unattached
42.19	47	30	Debbie	Bishop	Female	Castell nedd tri
42.23	48	78	gail	osborne	Female	Taff Ely Triathlon Club
42.4	49	39	Anouska/Malcolm	Beaumont/Jett	Relay	Taff Ely Triathlon Club
42.44	50	95	Sara	Morgan	Female	Taff Ely Triathlon Club
42.46	51	45	David	Ayres	Male	Port Talbot
42.47	52	8	carl	edeards	Male	pontypridd roadents ac
42.48	53	24	Andrew	Collins	Male	Torfaen Triathlon
43.14	54	110	Arfon	Edwards	Male	
43.16	55	86	Andrew	Marsh	Male	
43.17	56	63	Rhodri	Price	Male	South Wales Police Tri
43.25	57	53	Nicholas	Pounder	Male	Pontypridd Roadents
43.31	58	108	Darren	Creed	Male	
43.46	59	26	Craig	Evans	Male	Taff Ely Triathlon Club
43.49	60	92	Julie	Lees	Female	Fairwater Runners Cwmbran
43.49	61	83	Geraint/Gary	Smith/Owen	Relay	Celtic Tri
43.53	62	32	Stuart	Davies	Male	South Wales Police Tri
44.01	63	85	Antony	Mee	Male	Taff Ely Triathlon Club
44.13	64	23	mathew	ellis	Male	Y Fenni Triathlon
44.25	65	71	Darren	Vaughan	Male	Port Talbot Harriers
44.53	66	2	Richard	Parry	Male	
45.05	67	76	Jolene	Kerby	Female	N.E.W.T - Newport and East Wales Triathlon
45.37	68	40	Harry	Brougham	Male	
46.43	69	75	Christopher	Kerby	Male	N.E.W.T - Newport and East Wales Triathlon
47.05	70	42	Rhianon	Astley	Female	Taff Ely Triathlon Club
47.32	71	5	Melanie	Senior	Female	
47.42	72	29	Rob	Chappell	Male	
49.12	73	49	Claire	Morgan	Female	Severn Valley tri
52.03	74	19	Helen	Jones	Female	Taff Ely Triathlon Club
52.06	75	106	Yvonne	Forsey	Female	NEWT
53.09	76	13	Sian	Hollins	Female	
DNF		28	Andrew	Timms	Male	Taff Ely Triathlon Club
DNF		31	Chris	Lee	Male	Taff Ely Triathlon Club
DNF		48	Gareth	Phillips	Male	
DNF		41	Garry/Jordan	Vaughan/Williams	Male	Port talbot harriers
DNS		1	Daniella	Nice	Female	
DNS		3	Oliver	Rees-stoner	Male	
DNS		6	Neil	Brooke-Smith	Male	Taff Ely Triathlon Club
DNS		9	Jamie	Brown	Male	
DNS		10	Clare	Kingdon	Female	
DNS		11	Jon	James	Male	
DNS		12	Lloyd	Evans	Male	
DNS		15	christopher	Bloodworth	Male	
DNS		20	Darren	Booth	Male	Taff Ely Triathlon Club
DNS		22	Jonathon	Hatfield	Male	Caerphilly runners
DNS		37	Ruth	Davies	Female	Pencoed
DNS		52	Lewys	Williams	Male	Aim2Tri
DNS		56	Rachel	Beckley	Female	Taff Ely Triathlon Club
DNS		59	Phillip	Warren	Male	
DNS		60	Garry	Shephard	Male	Rhondda Tri
DNS		61	Rich	Brady	Male	Tri-Monkey
DNS		64	Julie	Roche	Female	Fairwater Runners Cwmbran
DNS		65	Hannah	Jenkins	Female	
DNS		66	Sarah	Jenkins	Female	
DNS		69	Suzanne	williams	Female	Fairwater runners cwmbran
DNS		70	Jack	Davies	Male	
DNS		73	chris	fairclough	Male	Phil kibble Coaching
DNS		74	Alex	Tovey	Male	Castell Nedd Tri
DNS		82	ian	Liddiatt	Male	Cardiff Triathletes
DNS		88	Tom	James	Male	
DNS		99	Cathryn	Jenkins	Female	Celtictri
DNS		101	Jennifer	Alyward	Female	Unattached
SO		21	Haydn	Osmond	Male	
SO		27	Colin Richard	Wallace	Male	
SO		51	David	Charles	Male	Port talbot harriers
SO		90	Stephen	Osborne	Male	Taff Ely Triathlon Club