

Race No.	Finish No.	Forename	Surname	Finish Time mm:ss
37	1	Joseph	Reardon	30:24
10	2	Harry	Davies	30:48
27	3	Ceirion	jones	31:46
68	4	Michael	Kipling	32:01
41	5	Ryan	Steven	34:01
51	6	Dale	Williams	34:13
32	7	Scarlet	Major	35:10
24	8	Richard	Hughes	35:20
53	9	Scott	Morris	35:24
12	10	Martyn	Driscoll	35:28
15	11	Paul	Evans	35:38
29	12	robert	king	35:53
43	13	Joshua	Wakefield	37:02
25	14	Holli	Jehu	37:48
3	15	Desmond	Astley	38:20
62	16	Alan	Kerr	38:21
8	17	Ian	Clark	38:45
55	18	Craig	Fowler	38:50
26	19	Vicky	Jones	38:56
60	20	Gareth	Lawrence	39:08
1	21	Richard	Addis	39:19
36	22	Charlotte	Ralph	39:27
31	23	Christopher	LEE	39:39
35	24	Carson	Pryce	41:07
69	25	Allen	Cameron	41:41
19	26	Llewellyn	Griffiths	42:11
56	27	Christopher	Potter	42:20
59	28	Adrian	Thomas	43:02
49	29	Gareth	Williams	43:20

70	30	Sean	Lambert	43:30
65	31	James Hunt	Cosh	44:03
38	32	Julie	Roche	44:07
21	33	Rhys	Harper	44:32
7	34	Paul	Brookes	44:34
67	35	Andrew	Bolton	44:40
20	36	Richard	Griffiths	45:21
66	37	Ian	Cosh	45:32
4	38	Andy	Barry	45:34
61	39	Matthew	Fowler	45:53
47	40	James	Williams	46:07
5	41	Denise	Bradley	46:19
18	42	Phill	Gibbon	47:37
22	43	Sian	Hollins	47:45
6	44	Linda	Brewer	48:04
40	45	Linda	Spillane	48:50
46	46	Bernadette	Wilkinson	49:07
9	47	Fiona	Davies	49:11
30	48	Hattie	Le Feuvre	49:27
58	49	Lisa	Bateman	50:29
50	50	Suzanne	Williams	53:47
54	51	Joanne	Evans	54:49
17	52	Yvonne	Forsey	57:33
16	53	Keri	Evans	01:00:34
13	DNF	Glyn	Drucker	
44	DNF	Colin	Wallace	
57	DNF	Stephen	Davies	
2	DNS	Louisa	addiscott	
11	DNS	Rhys	Davies	
14	DNS	Shelley	Evans	
23	DNS	john	hopkins	

28	DNS	Rhys	Jones	
33	DNS	Leanne	Phillips	
34	DNS	Jennifer	Pope	
39	DNS	Leigh	Rumble	
45	DNS	David	Watson	
48	DNS	Emma	Williams	
52	DNS	Gulam	Zilani	
42	SWIM	Sian	Tossell	
63	SWIM	Gareth	Jehu	